

Weight Reduction Clubs of Queensland Inc.

Unity is Strength



CONVENTION 2023

WEIGHT REDUCTION CLUBS OF QUEENSLAND INC.

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Weight Reduction Clubs of Queensland Inc publishes the Combined Club Newsletter. Please address all correspondence for the Newsletter to the Editors, 20 Spitfire Avenue Strathpine Qld 4500

Rita Heath Award List 2023

NO	CLUB NAME	NOMINEE'S NAME		WEIGHT LOSS
8	Cleveland	Patricia Turner	3.9 kg	3.9 kg
	Cleveland	Christa Aichholzer	2.3 kg	2.3 kg
	Cleveland	Lara Beckley	1.0 kg	1.0 kg
			Total Loss	7.2 kg
7	Strathpine	Lynese Ahern	3.1 kg	3.1 kg
	Strathpine	Ann Green	3.1 kg	3.1 kg
	Strathpine	Colleen Langdon	2.7 kg	2.7 kg
			Total Loss	8.9 kg
6	Eagleby	Robin Signorini	3.9 kg	3.9 kg
	Eagleby	Glenys Lynch	3.1 kg	3.1 kg
	Eagleby	Janis McMichael	3.0 kg	3.0 kg
			Total Loss	10.0 kg
5	Boonah	Louise Pringle	3.9 kg	3.9 kg
	Boonah	Vicki Bird	3.4 kg	3.4 kg
	Boonah	Shirley Burnham	2.9 kg	2.9 kg
			Total Loss	10.2 kg
4	Caboolture	Bob Aitken	5.0 kg	5.0 kg
	Caboolture	Myee Richardson	4.3 kg	4.3 kg
	Caboolture	Carol Lancaster	2.2 kg	2.2 kg
			Total Loss	11.5 kg

3RD PLACE - WITH A LOSS OF 15.2 KGS

IS MT WARREN PARK CLUB

Nominees were

Kim Perryman	with a loss of <u>7.1</u> kgs
June Marsden	with a loss of <u>4.7</u> kgs
Esther Latz	with a loss of <u>3.4</u> kgs

2nd PLACE - WITH A LOSS OF 15.9 KGS

is DECEPTION BAY CLUB

Nominees were

Di Spence	with a loss of <u>10.2</u> kgs
Joy Brewer	with a loss of <u>4.7</u> kgs
Carleen Augustus	with a loss of <u>1.0</u> kgs

1st PLACE - WITH A LOSS OF 22.6 KGS

is WOODRIDGE CLUB

Nominees were

Chris Pickard	with a loss of <u>8.6</u> kgs
Aaron Bastes	with a loss of <u>8.3</u> kgs
Colleen Freestone	with a loss of <u>5.7</u> kgs

NEW CONVENTIONEERS QUEENSLAND

Woodridge	Jan Hall	1.5 kg

CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
3RD PLACE		
Mt Warren Park	Debbie Akacznek	6.2 kg
2ND PLACE		
Mt Warren Park	June Marsden	9.4 kg
1ST PLACE		
Boonah	Shirley Burnham	11.5 kg

NEW CONVENTIONEERS N.S.W.

CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
3RD PLACE		
Tilligerry	Debbie Akacznek	0.7 kg
2ND PLACE		
Raymond Terrace	Helen Imber	0.7 kg
1ST PLACE		
Tilligerry	Dianne Parlett	4.7 kg

Congratulations!

NORMA ETCHELLS INDIVIDUAL AWARD

Caboolture Day	Dawn Kleyn	Same
Deception Bay	Jessica Spence	0.2 kg
Mt Warren Park	Heather Jewel	1.5 kg
Eagleby	Lynette Robinson	2.4 kg
Caboolture Day	Patricia Clune	3.2 kg
Woodridge / BOM	Kay Killeen	4.3 kg
Caboolture Day	Christine Fairbrother	4.7 kg
Eagleby	Janis McMichael	5.0 kg
Arana	Di Thompson	6.2 kg
Boonah	Maxine Jackson	7.3 kg
Mt Warren Park	Estha Latz	7.7 kg

CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
3RD PLACE		
Mt Warren Park	Kim Perryman	9.1 kg
2ND PLACE		
Deception Bay	Joy Brewer	12.7 kg
1ST PLACE		
Woodridge	Lauri Drinkwater	15.3 kg

VAL NEUENDORFF POST GRADUATE WARD

CLUB NAME	MEMBER'S NAME
Boonah	Denise Sembach
	2 times on goal, 30 times within 1 kg, 4 times within 2 kg
Caboolture Day	June Meredith
	1 time on goal, 34 times within 1 kg, 13 times within 2 kg
Woodridge	Margaret Harvey
	3 times on goal, 33times within 1 kg, 4 times within 2 kg
Woodridge	Stephen Porteous
	3 times on goal, 36 times within 1 kg, 3 times within 2 kg
3RD PLACE	
Woodridge	Rhonda Porteous
	3 time on goal, 36 times within 1 kg, 2 times within 2 kg
	Average 68.3
2ND PLACE	
Arana	Jean Hoffman
	3 time on goal, 40 times within 1 kg, 0 times within 2 kg
	Average 74.1
1ST PLACE	Chris Gollagher
Arana	3 times on goal, 43times within 1 kg, 2 times within 2 kg
	Average 62.5

CAROL GORE POST GRADATE HALL OF FAME

Woodridge	David Ladini
	35 times on goal, 2 times within 1 kg, 0 times within 2 kg
	Goal 70 Average 70

QLD V NSW Competition

State	Club	Member's Name	Points
QLD	Woodridge	David Ladini	135
QLD	Boonah	Shirley Burnham	105
QLD	Deception Bay	Joy Brewer	100
		TOTAL POINTS	340
NSW	Raymond Terrace NSW	Helen Imber	90
NSW	Tilligerry NSW	Dianne Parlett	63
NSW	Tilligerry NSW	Lee Clementson	50
		TOTAL POINTS	203

Helen, Shirley, Dianne, David, Lee & Joy





Rita Heath - Woodridge 22.6 kgs
Chris, Aaron & Collgen



New Conventioneers QLD
Shirley B - Boonah - 11.5 kgs



New Conventioneers NSW
Dianne P - 4.7 kgs
Tilligerry



Norma Etchells Individual
Lauri D - 15.3 kgs
Woodridge



Val Neugendorff - Post Graduate
Chris G
Arana



Carol Gore - Hall of Fame
Post Graduate - David L
Woodridge



Winner of the QLD v NSW - Shirley B, David L & Joy B - 340 pts

Major Raffle & Tombola Raffle Results

\$100 Voucher – Diane L – Mt Warren Park

\$50 Voucher – Sandra L – Woodridge

\$50 Voucher – Lee C – Tilligerry NSW

\$50 Voucher – Rhonda P – Woodridge

\$50 Voucher – Kerry R – Boonah

Club Name	Raffle Prize Donated	Won By	Club Name
Strathpine	Jigsaws	Kelly	Deception Bay
	Stationery pack	Kerry G	Eagleby
	Tote Bag & Water Bottle	Di S	Deception Bay
Eagleby	White China Rabbit & Serving Dishes	Kelly	Deception Bay
	White China Rabbit High Tea Platter	Debbie A	Mt Warren Park
	Ambrosia Stoneware Bowl 30cm	Lauri D	Woodridge
	Ambrosia Stoneware Rectangle Platter	Jean H	Arana
	Ambrosia Stoneware Rectangle Platter	Glenys L	Eagleby
	Alex Liddy Set & Candle	Dianne C	Eagleby
	Set of 4 Stoneware Mugs	Kelly	Deception Bay
	Scented Candle	Glenys L	Eagleby
	Garden Tool Set	Helen B	Woodridge
Board of Management	5-piece Food Storage	Tina T	Deception Bay
	Fridge Food Storage	Kim A	Peninsula
	Assorted Bathroom Items	Di S	Deception Bay
	Blanket	Denise A	Strathpine
	Glass Dessert Bowls	Pat T	Eagleby
	Aroma Scents	Jean H	Arana

	Linear Serving Bowl	Dianne C	Eagleby
	Kitchen Storage	Glenys L	Eagleby
	Toaster	Cherrie A	Eagleby
	Kitchen Utensils	Lyn D	Mt Warren Park
	Cleaning Bucket & Mop	Moira W	Mt Warren Park
	Drink Bucket & Stand	Alison D	Peninsula
	Christmas Pack	Lindsay	Caboolture Day
	Drink Bucket & Stand	Di L	Mt Warren Park
	Kettle	Heather	Mt Gravatt Day
Caboolture Day	Trolley & Umbrella	Maxine J	Boonah
Deception Bay	Towel Set & Crystal	Margaret H	Woodridge
	Towel Set & Crystal	Kerry G	Eagleby
Tilligerry NSW	Wish Card \$20	Lyn D	Mt Warren Park
	Wish Card \$20	Helen I	Raymond Terrace NSW
	Wish Card \$20	Cherie A	Eagleby
	Wish Card \$20	Lee C	Tilligerry NSW
Peninsula	13" Platter	Glenys L	Eagleby
	Wine & BWS Voucher	Colleen F	Woodridge
Mt Warren Park	Jigsaw Puzzle Mat	Karen L	Woodridge
	Cheese Knives & Board	Dianne P	Tilligerry NSW
	Cat Picture	Ann G	Strathpine
	\$50 Chemist Warehouse	Paula H	Peninsula
Redcliffe	\$25 Voucher	Lindey L	Toowoomba
	\$25 Voucher	Sandy M	Mt Warren Park
Arana	\$50 Voucher	Helen I	Raymond Terrace NSW
	\$50 Voucher	Lyn G	Woodridge
Ipswich Eve	\$20 Aldi Card	Joy B	Deception Bay

Mt Gravatt Day	\$10 Wish Card	Trish T	Eagleby
	\$10 Wish Card	Isabel G	Eagleby
Boonah	Tea Set	Irene C	Deception Bay
	\$25 Voucher	Lyn G	Woodridge
	\$25 Voucher	Lindey L	Toowoomba
	Picnic Set	Pat T	Eagleby
Cleveland	Nutrimetics Basket	Di S	Deception Bay
Woodridge	Quilted Red Table Candle Holder	Lyn G	Woodridge
	Quilted Blue Table Candle Holder	Lyn R	Eagleby
	Stable Table	Di S	Deception Bay
	Towel Set	Helen I	Raymond Terrace NSW
	Tea Towels	Tina T	Deception Bay
	Single Bed Sheets	Stephen P	Woodridge
	Sandwich Press	Leone W	Eagleby
	Sweet Bowl	Dianne P	Tilligerry NSW
	Storage with Bambo Lids	Pat G	Strathpine
Annette Sym	Cooking for 1 & 2	Bronwyn C	Strathpine

Congratulations!

Winners of the \$50 refund – Di T – Arana, Steve W – Mt Warren Park, Alice R – Eagleby & Ester L – Mt warren Park

Fancy Dress & Talent Quest – Letter Q



Arana – Queenslanders



Boonah – Queenslanders



Caboolture Day – Quirky & Quality Ladies



Eagleby – Quaker, Queen Bee, Quill, Queen Cleopatra, Q Tips, Queen of Hearts, Quasimodo, Queen Cleopatra



Mt Warren park – Qantas Crw



Mt Warren Park – Queen of Hearts Cards



Mt Warren Park – Question & Answer



Peninsula – Queens



Woodridge – Quasimodo & Queen of Hearts



Woodridge - Quirky Quilters Queuing



NSW - Queen and her Family



Board of Management – Quarantining Queens

Winners List for Fancy Dress

Individual – Quaker – Eagleby

Groups – Queens – Peninsula

Members Choice – Queen and her Family – NSW
tied with Quirky & Quality Ladies – Caboolture Day

Talent Quest

Groups – Boonah - Queenslanders

Members Choice – Boonah - Queenslanders



Annette Sym – Simply too good to be True