

Weight Reduction Clubs of Queensland Inc.

Unity is Strength



CONVENTION 2024

WEIGHT REDUCTION CLUBS OF QUEENSLAND INC.

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Weight Reduction Clubs of Queensland Inc publishes the Combined Club Newsletter. Please address all correspondence for the Newsletter to the Editors, 20 Spitfire Avenue Strathpine Qld 4500

Rita Heath Award List 2024

NO	CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
8	Deception Bay	Irene Caudwell	0.9 kg
	Deception Bay	Kelly Mason	2.0 kg
	Deception Bay	Janis Cuss	0.7 kg
		TOTAL LOSS	3.6 kg
7	Caboolture Day	Carol Lancaster	1.7 kg
	Caboolture Day	June Meredith	1.3 kg
	Caboolture Day	Shannon Brimson	2.7 kg
		TOTAL LOSS	5.7 kg
6	Strathpine	Colleen Langdon	3.3 kg
	Strathpine	Ann Green	1.9 kg
	Strathpine	Pat Green	0.5 kg
		TOTAL LOSS	5.7 kg
5	Cleveland	Susan Porch	3.9 kg
	Cleveland	Linda Pearson	2.5 kg
	Cleveland	Patricia Turner	3.2 kg
		TOTAL LOSS	9.6 kg
4	Boonah	Marion Milne	2.9 kg
	Boonah	Janet Cram	4.1 kg
	Boonah	Caroline Maloney	4.6 kg
		TOTAL LOSS	11.6 kg

RITA HEATH MEMORIAL AWARD WINNER

3RD PLACE - WITH A LOSS OF 15.3 KGS

IS PENINSULA CLUB

Nominees were

Paula Hughes with a loss of 5.6 kgs

Lindy Blythe with a loss of 8.2 kgs

Jean Anderson with a loss of 1.5 kgs

2nd PLACE - WITH A LOSS OF 20.3 KGS

IS EAGLEBY CLUB

Nominees were

Lynette Robinson with a loss of 7.7 kgs

Gillian Duke with a loss of 6.3 kgs

Robin Signorini with a loss of 6.3 kgs

1st PLACE - WITH A LOSS OF 21.4 KGS

IS WOODRIDGE CLUB

Nominees were

Aaron Bates with a loss of 10.9 kgs

Anne Fox with a loss of 7.2 kgs

Sue Kane with a loss of 3.3 kgs

NEW or RETURNING CONVENTIONEERS
QUEENSLAND

CLUB	NOMINEE'S NAME	WEIGHT LOSS
Boonah	Vicki Bird	0.9 kg
Eagleby	Louise Bramwell	2.2 kg
Arana	Sharon O'Brian	2.5 kg
Cleveland	Susan Porch	3.6 kg

CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
3RD PLACE		
Eagleby	Stephanie Booth	4.6 kg
2ND PLACE		
Mt Warren Park	Sarah Abaron	15.0 kg
1ST PLACE		
Woodridge	Sue Kane	15.1 kg

Sylvia Neal Individual NSW

CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
1ST PLACE	Helen Imber	0.3 kg
Raymond Terrace NSW		

NORMA ETCHELLS INDIVIDUAL AWARD

CLUB	NOMINEE'S NAME	WEIGHT LOSS
Boonah	Chris Taege	Same
Eagleby	Leone Ward	0.1 kg
Eagleby	Jenny Morrow	0.1 kg
Eagleby	Glenys Lynch	0.3 kg
Eagleby / BOM	Dianne Christensen	0.4 kg
Caboolture Day	Christine Fairbrother	0.8 kg
Caboolture Day	Pearl Chilcott	1.3 kg
Eagleby	Lynette Robinson	1.4 kg
Woodridge	Loreen Hunt	2.1 kg
Caboolture Day	Shannon Brimson	2.4 kg
Caboolture Day	Glenda Horne	2.9 kg
Boonah / BOM	Gail Falkenhagen	3.1 kg
Woodridge	Yvonne Kerrie	3.8 kg
Eagleby	Cherie Andrews	4.1 kg
Boonah	Shirley Burnham	5.1 kg

CLUB NAME	NOMINEE'S NAME	WEIGHT LOSS
3RD PLACE		
Woodridge / BOM	Lyn Guy	16.3 kg
2ND PLACE		
Peninsula / BOM	Paula Hughes	26.7 kg
1ST PLACE		
Mt Warren Park	Esther Latz	45.1 kg

QLD V NSW Competition

State	Club	Member's Name	Points
QLD	Peninsula / BOM	Paula Hughes	117
		TOTAL POINTS	117
NSW	Raymond Terrace NSW	Helen Imber	89
		TOTAL POINTS	89

Helen NSW & Paula QLD



VAL NEUENDORFF POST GRADUATE WARD

CLUB NAME	MEMBER'S NAME
Caboolture Day	June Meredith
	0 times on goal, 19 times within 1 kg, 27 times within 2 kg
Arana	Chris Gollagher
	1 times on goal, 16 times within 1 kg, 27 times within 2 kg
Woodridge	Sandra Ladini
	1 times on goal, 32 times within 1 kg, 10 times within 2 kg
Arana	Jean Hoffman
	2 times on goal, 36 times within 1 kg, 4 times within 2 kg
Woodridge	Stephen Porteous
	3 times on goal, 36 times within 1 kg, 3 times within 2 kg
3RD PLACE	
Boonah	Denise Sembach
	9 times on goal, 29 times within 1 kg, 2 times within 2 kg
	Goal 58 kg - Average 58.24
2ND PLACE	
Woodridge	Rhonda Porteous
	14 time on goal, 25 times within 1 kg, 0 times within 2 kg
	Goal 68 kg - Average 66.52
1ST PLACE	
Boonah	Kerry Rowe
	22 times on goal, 21 times within 1 kg, 0 times within 2 kg
	Goal 66 kg - Average 65.98

CAROL GORE POST GRADATE HALL OF FAME

Woodridge	David Ladini
	27 times on goal, 17 times within 1 kg, 0 times within 2 kg
	Goal 70 Average 70.09

Convention Competition Winners 2024



Rita Heath - Woodridge 21.4 kgs
Suz, Aaron & Anne



New Conventioneers QLD
Suz K- Woodridge - 15.1 kgs

Congratulations



Norma Etchells Individual
Esther L – Mt Warren Park – 45.1 kgs



Sylvia Neal Individual
Helen I – Raymond Terrace
0.3 kgs



Val Neugendorff - Post Graduate
Kerry R - Boonah



Carol Gore – Hall of Fame Post
Graduate – David L
Woodridge



Winner of the QLD v NSW – Paula H – Peninsula 117 points
Runner Up Helen I NSW - 89 points

Major Raffle & Tombola Raffle Results

\$50 Voucher – Chris T – Boonah

\$50 Voucher – Sarah A – Mt Warren Park

\$50 Voucher – Loren H – Woodridge

\$50 Voucher – Shirley B – Boonah

\$50 Voucher – Helen I - NSW

\$50 Voucher – Louise B – Eagleby

\$50 Voucher- Dianne C – Eagleby

Club Name	Raffle Prize Donated	Won By	Club Name
Arana	Flannelette Sheets D	Tina T	Deception Bay
Arana	Double Sheets	Betty G	Mt Gravatt Day
Arana	Crocheted Rug	Linda F	Redcliffe
Arana	Towel Set	Tammy	Woodridge
Geebung	\$10 Voucher	Helen I	NSW
Boonah	Cooking Set	Jan B	Boonah
Boonah	Cooking Set	Stacey F	Eagleby
Boonah	Plush Throw Rug	Christine S	Woodridge
Peninsula	Hard & Soft Cooler Bag	Club	Caboolture Night
Boonah	Kangaroo Painting	Yvonne K	Woodridge
Boonah	Sherper Throw Rug	Dianne L	Mt Warren Park
Deception Bay	Green weave Sleep essentials	Kay K	Woodridge
Geebung	\$20 Voucher	Helen I	NSW
D Bay	4 Wine Glasses	Shirley	Redcliffe
Eagleby	Serving Ware	Gail F	Boonah
Woodridge	Wall Clock	Karen	Woodridge
Eagleby	Serving Ware	Phyllis	Eagleby
Eagleby	Diamond Dots Kit	Jean H	Arana
Eagleby	Dip & Chip Plate	Debbie B	Peninsula
Strathpine	Drink Bottle & Carry Bay	Colleen	Strathpine
Woodridge	Knife Block	Emma	Mt Warren Park
Geebung	Personal Scales	Maxine J	Boonah
Woodridge	High Ball Glasses	Sarah	Mt Warren Park
Woodridge	Upright Lamp	Heather J	Mt Warren Park
Woodridge	Mixing Bowl & Grater	Lyn G	Woodridge
Woodridge	Wave Mirror	Pat St	Redcliffe
Woodridge	Casserole Carrier Cover & Dish	Trish T	Eagleby

Woodridge	Towel Set	Shannon B	Caboolture Day
Eagleby	Cooking with Kim	Lyn G	Woodridge
Strathpine	Stationery Pack	Kerry G	Eagleby
D Bay	S/Bed Doona Cover	Robyn C	Eagleby
Mt Warren Park	Jewellery Organiser	Jan B	Boonah
Cleveland	Cheese Board	Jeanette S	Mt Warren Park
Eagleby	Gem Artwork	Wayne	Boonah
Eagleby	Cushions x 2	Emma	Mt Warren Park
Eagleby	2 x Jumbo Mugs	Karen L	Woodridge
Eagleby	2x Plates 2x T Towels	Glenda	Eagleby
Eagleby	Christmas Pack	Shirley B	Boonah
Mt Warren Park	Classic Wallet Collection	Kay K	Woodridge
Mt Warren Park	Home Sweet Home Plaque	Steve	Mt Warren Park
Mt Warren Park	Double Bed Quilt Set	June M	Caboolture Day
Mt Warren Park	\$50 Chemist Warehouse Voucher	Phyllis L	Eagleby
Mt Warren Park	Candle Holders	Lauri D	Woodridge
Mt Warren Park	Bamboo Storage	Club	Strathpine
Mt Warren Park	Coffee Mug Set	Karey L	Woodridge
NSW Girls	\$25 Voucher	Club	Caboolture Day
Caboolture Day	Throw & Candle	Club	Caboolture Day
Caboolture Day	Candle & Embroidery Set	Dawn	Caboolture Day
Christine F	Scrabble & Puzzle	Di T	Arana
Christine F	Snakes & Ladders	Kerry G	Eagleby
Christine F	Chess & Checkers	Jean H	Arana
Christine F	Password Book JNL	Dianne	Arana
Christine F	Uno Monopoly Games	Vicki B	Boonah

Christine F	Kids Magical Magnets	Phyllis S	Redcliffe
Mt Gravatt Dat	\$10 Voucher	Ann G	Strathpine
Mt Gravatt Day	\$10 Voucher	Yvonne K	Woodridge
Norma May Honey	Honey & Bee Cups	Dianne C	Eagleby
Norma May Honey	Honey, Bee Cups & Bracelet	73786	Cleveland



 Congratulations!

Winners of the \$50 refund – Maxine J – Boonah, Glenda H – Caboolture Day,
 Sarah Arabon - Mt Warren Park & Vicki W – Dexeption Bay

Fancy Dress & Talent Quest – Letter I



Arana – Indians



Boonah – Inmates & Jail House Rock – Talent Quest



Caboolture Day – Infants



Eagleby – Indiana Jones, Industrial Worker, Inmate, Infant, Ink Blot



Mt Warren Park – Inmates & Jail House Rock – Talent Quest



Woodridge – Irish Drunks



Cleveland – Indian



New South Wales – Insects



Woodridge – Interviewer



Peninsula – Ice cream



Board of Management – Individuals not Idiots

Congratulations!

Winners List for Fancy Dress – Letter I

Fancy Dress Results:

Individual:

1. **Best Overall** – Woodridge Interviewer – Loren
2. **Most Original** – Eagleby – Inkblot – Janis
3. **Encouragement Award** – Eagleby – Infant – Stefanie

Couples:

1. **Best Overall** – Woodridge – 2 Irish Drunks, Sheryl & Yvonne
2. **Encouragement Award** - Raymond Terrace – Insects, Helen & Maria

Groups:

1. **Best Overall** – Caboolture Day – Infants
2. **Most Original** – Board of Management – Individuals not Idiots
3. **Encouragement Awards** – Boonah – Inmates and Mt Warren Park – Inmates

Talent Quest Results:

Groups:

1. **Best Overall** – Mt Warren Park – Inmates – Jailhouse Rock
2. **Encouragement Award** – Boonah – Inmates – Jailhouse Rock

Couples:

1. **Funniest** – Woodridge – 2 Irish Drunks – Sheryl & Yvonne



Girls in Pink – Norma Mag Honzy



Soil ready to make seed balls



Ally giving us a taste of Honzycomb

Sandy - Zumba Gold

members were in their chairs who couldn't get up, great session to start the day

